



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
www.digestivespecialists.com

HalfLyately Prep Instructions

Please read these instructions thoroughly to ensure a successful preparation for your procedure.

Date _____ **Time of Arrival** _____

- Sugarcreek Twp.** 4340 Cloy Rd.
- Dayton** 1530 Needmore Road, Suite 100
- Huber Heights** 5697 Shull Road, Suite 100
- Springboro** 77 W. Eleanor Drive

Colonoscopy Prep

1. HalfLyately bowel prep kit
 - Prescription required

Prep kit includes:

- A half-gallon of prep solution
- 1 bisacodyl tablet

You are scheduled with Dr. _____

The Medical Assistant, _____ may be reached at _____.
After 5:00 PM or on weekends, call (937) 534-7330 to page your doctor.

Important Information

- Take heart, blood pressure or seizure medications with a small amount of water up to 2 hours before your procedure.
- For 7 days prior to your procedure stop taking iron supplements.
- For 3 days prior to your procedure **avoid** all high fiber foods especially **fresh fruits, fresh vegetables, nuts and seeds** and drink plenty of fluids to hydrate yourself
- **Complete the entire preparation per the instructions on the back.** If you get nauseated or vomit when drinking the prep and you have not finished the entire amount:
 - Stop drinking any further prep or liquids for the next hour until nausea/vomiting has subsided then restart drinking it until finished.
 - If you still cannot finish the prep, please call us at the number listed above.
- **Bring a licensed driver. You will not be allowed to drive home.**
- **You may *not* take a cab alone.**
- **Do not smoke on the day of your procedure.**



Date: _____ (2 Days before your procedure)

- Take 1 bisacodyl tablet at **7:00 PM** with one glass of clear liquid. Do not take within 1 hour of taking an antacid.

Date: _____ (Day before your procedure)

- Begin clear liquid diet as instructed on the right ⇒
- **Do not eat any solid foods until after your procedure is completed**
- Drink as much clear liquid as you can all day in order to remain well hydrated.
- At **1:00 PM** mix the Halflytely prep solution by adding lukewarm drinking water to the top of the line on the bottle. Cap and shake to dissolve the powder and place mixed solution in refrigerator to chill.
Do not drink the mixed solution at this time.
- Between **6:00 PM -7:30PM** drink eight 8 oz glasses of the Halflytely prep solution (which should be the entire amount in the bottle)



- Be sure to drink ALL of the solution. This is necessary so your colon will be empty for the exam. Do not drink any other liquids while taking the prep solution.
- At 9:00PM you may resume drinking any clear liquids until 6 hours prior to your arrival time as instructed below.

Clear Liquids Diet

- **Gatorade is preferred**
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - **No cream**
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**

On _____ at _____ **AM / PM** (6 hours before your arrival time)

Do not drink any more clear liquids. Do not chew gum or eat hard candy.

