



Digestive Specialists, Inc.
Digestive Endoscopy Center, LLC
www.digestivespecialists.com

PM EGD Prep Instructions

You may need special instructions. Please let us know if you:

- Are taking **Coumadin, Plavix** or any other blood thinner
- Are **Diabetic**
- Had a **Heart Attack** or **Stroke** in the past six months
- Have an **Artificial Heart Valve** or **Heart Defibrillator**
- May be **Pregnant**

Date _____ **Time of Arrival** _____

- Sugarcreek Twp.** 4340 Clio Road
- Dayton** 1530 Needmore Road, Suite 100
- Huber Heights** 5697 Shull Road
- Springboro** 77 W. Eleanor Drive

You are scheduled with Dr. _____. The Medical Assistant, _____
may be reached at _____. After 5:00 PM or on weekends, call (937) 534-7330
to page your doctor.

***Bring a licensed driver. You will not be allowed to drive home.
You may not take a cab alone.***

Prep Instructions -

Please read line by line to ensure a successful preparation

- Do not eat anything after **midnight**, but you may have clear liquids until _____ AM / PM (6 hours before your arrival time).
- Do not have anything to drink, chew gum or eat hard candy 6 hours prior to your arrival time.
- Take heart, blood pressure or seizure medications with a small sip of water up to 2 hours before your procedure.
- After the procedure, restart all your medications as prior to the procedure unless otherwise instructed by the doctor.

Clear Liquids Diet

- ***Gatorade is preferred***
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea or coffee - ***No cream***
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red or purple**
- **Nothing alcoholic**