



Digestive Specialists, Inc.

www.digestivespecialists.com

Anorectal Motility Study and/or Biofeedback Prep Instructions

Date _____

Arrival Time _____

Location 4340 Clyn Road Suite 200 • Dayton, OH 45459
Office is located on the Second Floor

The Medical Assistant, _____ may be reached at _____
if you have any questions or concerns about the study. After 5:00 PM or on weekends, call
(937)534-7330 to page your doctor.

Special Instructions:

- **Nothing to eat or drink 4 hours prior to study**
- **Take **Heart, blood pressure, or seizure medications** with a small amount of water up to 2 hours before your study**
- **If you are taking any medications that increase digestive motility such as Reglan, please stop taking 24 hours prior to study.**

Prep Instructions:

- **Take a Fleet Enema at _____ AM/PM - 2 Hours prior to the procedure**
- Upon arrival, please let us know if you have a latex allergy
- Please let us know if you have had a Sitz marker test in the last 2 weeks

Important Information:

- Wear comfortable clothing
- A driver is not required for this test, you may drive yourself
- You may resume normal activities after the test is completed